



CASS

**Community Advice & Support Scheme (CASS)  
Practical Assistance Project**

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**Contact CASS @ Andover Community Centre, Andover  
Estate, London N7 7RY**  
**020 7686 0049**  
**[cassadvice@aol.com](mailto:cassadvice@aol.com)**

**VOLUNTEERS NEEDED NOW TO HELP ELDERS  
AND OR DISABLED PEOPLE WITH:**

**PAINTING & DECORATING**

**DIY**

**GARDENING**

**GAIN ADDITIONAL EXPERINCE THROUGH  
VOLUNTEERING**